LEARNING THE PRINCIPLES OF TAWAKKUL

WELCOME TO WEEK THREE

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WHAT IS TAWAKKUL?

وتوكل على الحي الذي لا يموت

Allah Ta"ala says; And place your complete reliance on the Ever Living who never dies

ومن يتوكل على الله فهو حسبه

He who places his total reliance upon Allah then He will be sufficient for him

وعلى ربهم يتوكلون

What is the condition of your heart with Allah?

قال رسول الله صلى الله عليه وسلم
يدخل الجنة اقوام افئدتهم مثل افئدة الطير

The Holy Prophet (s) has said There are people who will enter into Jannah their hearts are like the hearts of birds.

THE MANNER OF TAWAKKUL

عن البراء ابن عازب رضي الله عنه ان رسول الله صلى الله عليه وسلم قال:
لو توكلتم على الله حق توكله لرزقكم كما يرزق الطير تغدوا خماصا وتعود بطانا

The Messenger of Allah, peace and blessings be upon him, said, "If you were to rely upon Allah with reliance due to Him, He would provide for you just as He provides for the birds. They go out in the morning with empty stomachs and return full."

necessities and move on to worry about our

- careers
- marriage
- children
- lights
- water
- travel
- health
- cost of living

The list goes on and on yet our focus has to be on the manner of your relationship with Allah Ta'aala.

Tawakkul is an excercise of the heart – you have to train and teach the heart how to rethink and refocus. This is a daily excercise in



واوحى الله تعالى الى داود عليه السلام :
يا داود من دعاني اجبته ومن استغاثني اغثته
ومن استنصرني نصرته ومن توكل علي كفيته فانا كافي المتوكلين وناصر المستنصرين وغياث المستغيثين ومجيب الداعين

TAWAKKUL TAKES DIFFERENT FORMS

Allah Ta'ala revealed to Dawud (as):

Oh Dawud:

- He who supplicates to Me I will answer him
- He who calls Me for help, I will help him
- Whoever seeks my help, I will assist him
- and whoever relies Me in twakkul then I am sufficient for those who trust,
- and I am the helper of those who seek help,
- and I am the answerer of those who call

THE FOCUS OF TAWAKKUL BEYOND LOGIC

THE STORY OF HATIM AL ASAM

THIS BRINGS TO MIND A BEAUTIFUL STORY OF HATIM AL-ASAM (RA) WHO WAS A GREAT SERVANT OF ALLAH TA'ALA WITH MANY SONS AND DAUGHTERS. HE WAS INCREDIBLY POOR AND YET AN INTENSE DESIRE TO GO FOR HAJJ ENTERED HIS HEART. HE GATHERED HIS CHILDREN AND WIFE- AND ASKED THEM FOR PERMISSION TO GO FOR HAJJ - KNOWING THAT THEY WOULD BE LEFT IN EXTREME POVERTY.

HĀTIM AL-ASAM WAS ONE OF THE RIGHTEOUS PERSONS WHO RELIED ON ALLĀH (SWT). THOUGH HE HAD NO MONEY FOR HIMSELF OR HIS CHILDREN IN HIS ABSENCE, HE DESIRED TO PERFORM HAJJ. AS THE TIME OF THE HAJJ DREW NEAR, HIS FINANCIAL INABILITY TO COMPLETE THE PILGRIMAGE UPSET HIM UNTIL HIS DAUGHTER ASKED WHY HE WAS CRYING, TO WHICH HE REPLIED HIS LACK OF EXPENSES MEANT HE WOULD NOT ABLE TO GO FOR HAJJ.

THE ENTIRE FAMILY WAS IMMEDIATELY FILLED WITH WORRY WHILST A YOUNG DAUGHTER SPOKE UP AND ENCOURAGED HER SIBLINGS TO LET THEIR FATHER GO.SHE ADVISED THEM ALL SAYING: "ALLĀH WILL PROVIDE FOR YOU FROM SOURCES YOU COULD NEVER IMAGINE!"HE SAID: "WHAT ABOUT YOUR EXPENSES?"SHE REPLIED: "ALLĀH WILL PROVIDE FOR US WHAT WE NEED."EVENTUALLY, THE DAUGHTER CONVINCED AND REASSURED HER MOTHER THAT THEY WOULD SURVIVE IN THEIR FATHER'S ABSENCE.

A FEW DAYS AFTER HĀTIM (RA) LEFT, THE PROVISIONS HE LEFT BEHIND HAD DEPLETED AND HUNGER BEGAN TO AFFECT HIS FAMILY MEMBERS. NATURALLY, HIS FAMILY BLAMED THE DAUGHTER WHO CONVINCED THEM TO ALLOW THEIR FATHER TO GO IN THE FIRST PLACE. HOWEVER, THEY WERE SHOCKED AT HER REACTION—SHE COULD NOT STOP LAUGHING!"WHAT MAKES YOU LAUGH WHILE HUNGER IS ABOUT TO FINISH US ALL OFF?!"SHE ANSWERED: "WHAT DO YOU THINK OF OUR FATHER? IS HE A SUSTAINER OR A CONSUMER OF ALLĀH'S PROVISION?!"THEY ASSUREDLY ANSWERED: "A CONSUMER OF ALLĀH'S PROVISION AND ALLĀH IS THE SUSTAINER, GLORY BE HIS!"SHE SAID: "THOUGH THE CONSUMER OF PROVISION HAS LEFT, THE SUSTAINER OF ALL PROVISIONS HAS ALWAYS BEEN THERE!"SOON AFTER, A KNOCK WAS HEARD AT THE DOOR; IT WAS A MAN ASKING FOR SOME DRINKING WATER FOR THE CALIPHWHO WAS LOST IN THAT PART OF THE LAND.WHEN HE ASKED FROM WHICH HOUSEHOLD THE WATER WAS BOUGHT, HIS COMPANIONS ANSWERED, "FROM HĀTIM'S HOUSE". HE SAID: "BRING HIM TO ME SO THAT I GIVE HIM A GOOD REWARD". THEY SAID: "HE IS PERFORMING THE RITUAL OF HAJJ".

SO THE CALIPH THREW THIS BELT, ADORNED WITH JEWELS AND GEMS, AT HĀTIM'S DOOR AND SAID "THIS IS FOR HĀTIM'S HOUSEHOLD, WHOEVER LOVES ME, LET HIM DO JUST AS I DID." ALL THE WEALTHY MERCHANTS AND MINISTERS OBEYED THIS COMMAND UNTIL THE BELTS WERE PILED AT THEIR DOOR. ONE OF THE WEALTHY MERCHANTS BOUGHT ALL THE BELTS FOR A PRICE THAT FILLED THE HOUSE WITH GOLD THAT WOULD BE ENOUGH FOR THEM UNTIL THEIR LAST DAY.

UNDOUBTEDLY, THE FAMILY BECAME ELATED BUT THE DAUGHTER BEGAN TO CRY. HER MOTHER ASKED: "HOW STRANGE YOU ARE MY DEAR DAUGHTER! WE WERE CRYING OUT OF HUNGER WHILE YOU WERE LAUGHING. AND NOW, ALLĀH THE ALMIGHTY REMOVED OUR HARDSHIP AND PROVIDED FOR US A GREAT PROVISION AND YOU ARE CRYING. WHY IS THAT?"

THE DAUGHTER REPLIED: "THIS CREATURE WHO CAN DO HIS OWN SELF NEITHER GOOD NOR HARM (I.E. THE CALIPH) GAVE US A KIND LOOK WHICH MADE US RICH UP UNTIL THE END OF DAYS. HOW WOULD IT BE IF THE GENEROUS CREATOR OF ALL GIVES US A KIND LOOK OF HIS?!"

SUBHAANALLAH IT IS IN THE UNDERSTANDING OF THIS LITTLE GIRL THAT ALLOWS THE FAITH OF HER FAMILY TO BECOME COMPLETE AND HER FATHER TO COMPLETE HIS HAJJ WHISLT HIS FAMILY WERE TAKEN CARE OF.

PRACTICAL BREAKING STATEMENTS THAT SERVE TO BREAK YOUR FAITH

1. check your daily statements

2. Check your Conversations with others

3. Check your Duas - the way you ask Allah is so important

4.Check your complaints

5. Check your internal dialogue

6. Check your arguements with your family



In his dream Hatim (ra) heard the following :

Oh Haatim He who takes care of his transactions with us we will take care of Our transactions with him

"

صغار قوم كبار قوم اخرين
ان الله لا ينظر الى اكبركم ولاكن ينظر الى اعرفكم به
فعليكم بمعرفته والاتكال عليه فانه من توكل عليه فهو حسبه

Allah Ta'ala does not look at the biggest or eldest of you - but in reality He looks at the one who can recognise Him the most .
Hold firm to recognising WHo is ALlah and then Place your entire trust upon HIm - for he who places his trust upon Allah -
He will be sufficient for Him.